



# SEND newsletter

## Spring term 2026



Welcome to our Spring SEND Newsletter. We are delighted to share updates, resources, and stories that celebrate the progress of our pupils and the continued partnership between school and home in supporting every child's needs. This issue focuses on important dates happening within school and provides information on free parent courses.

### Useful information:

The school SEND policy and SEND information report can be found on our school website: <https://www.amotherbyprimary.co.uk/send/>  
Links to other services and resources can also be found on the school website.

SENDIASS offers free, impartial advice for parents and carers:

<https://sendiassnorthyorkshire.co.uk/>



The North Yorkshire SEND local offer provides links and resources for parents and carers:

<https://www.northyorks.gov.uk/children-and-families/send-local-offer>



The Compass Phoenix service provides support for children and young people in relation to their emotional wellbeing and mental health. Please visit their website for more information:

<https://compass-uk.org/services/compass-phoenix/>

### Amotherby school SENDCO



**Kim Cooper**

Please feel free to contact me if you have any questions or for further information regarding SEND related matters.

### SEND coffee meeting



We would like to invite parents and carers to our Spring term coffee meeting. A meeting where parents and carers can network with others, find out information and celebrate the successes of our children.

Our next coffee meeting will be held on **Thursday 12<sup>th</sup> March from 2:15pm.**

Come and join us for a cuppa, piece of cake and a chat.

## Awareness days:



### February

9<sup>th</sup>-15<sup>th</sup> February 2026

#### Children's Mental Health Week

A mental health awareness week launched by Place2Be. The week empowers, equips and gives a voice to all children and young people in the UK.

<https://www.childrensmentalhealthweek.org.uk/>

### March

3<sup>rd</sup> March 2026

#### Dyscalculia Awareness day

Dyscalculia is a maths learning difficulty which affects around 6% of the UK population. Dyscalculia Day is an opportunity to raise awareness of this often overlooked but prevalent learning difficulty.

<https://www.bdadyslexia.org.uk/dyscalculia#:~:text=What%20is%20Dyscalculia%3F,across%20all%20ages%20and%20abilities.>

21<sup>st</sup> March 2026

#### World Down Syndrome Day

The date for WDS - the 21<sup>st</sup> day of the 3<sup>rd</sup> month, was selected to signify the uniqueness of the triplication of the 21<sup>st</sup> chromosome which causes Down syndrome.

<https://www.worlddownsyndromeday.org/>

#### Neurodiversity Celebration Week

A worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neurodivergent individuals are perceived and supported.

<https://www.neurodiversityweek.com/>

### April

2<sup>nd</sup> April 2026

#### World Autism Awareness day/month

Autism Awareness Month starts with the United Nations-sanctioned World Autism Awareness Day on April 2. It is an opportunity to increase understanding and acceptance of autism.

<https://www.autismspeaks.org/world-autism-awareness-day>

4<sup>th</sup> April 2026

#### Auditory Processing Awareness Day

The Hearing Health Foundation mark auditory processing disorder awareness day each year to highlight the challenges associated with living with auditory processing disorders.

<https://hearinghealthfoundation.org/blogs/understanding-auditory-processing-disorder>

## SEND review meetings

We will be running our termly SEND review meetings on the following 2 days in Spring term:

Friday 16<sup>th</sup> January

Friday 23<sup>rd</sup> January

During these meetings we will share your child's most recent SEND support plan and discuss their progress in school. **Please click on the link if you wish to make an appointment:**

<https://calendly.com/kcooper-amotheby/send-review-spring2026>



We will also be asking parents and carers to complete our regular parent survey before/after attendance at the SEND review meetings. If you would prefer to complete the survey at home, please use to following link:

<https://forms.office.com/e/m0AiNm2QbZ>

By completing this survey, it will help us to:

- Find out what we're doing well and where we could do better
- Decide which areas to prioritise when developing our school improvement plan
- Ensure we're meeting the needs of you and your child/ren



SPOTLIGHT ON

'Unlocking' courses for parents and carers (provided by the North Yorkshire SEND and inclusion team.)



These free courses cover a range of neurodiversity and provide information specifically for parents and carers. Some of the courses are pre-recorded so you can watch them at your leisure and others are live. At present, courses are offered on:

- ADHD
- SEMH (social, emotional and mental health)
  - Autism
  - Autism (in girls)
  - Autism identity
- Autism and PDA (pathological demand avoidance)
  - Autism and selective mutism

Please use the following link to access both pre-recorded and live courses:

<https://nyestraining.co.uk/parents>

*\*Please note: You will need to sign up for an account to access the courses. Please select 'parent' as your job role.*

The go-to website

The Go-To Website is a hub for emotional wellbeing and mental health resources tailored for SEND families. The website includes support for school attendance, self-harm, autism, and parenting challenges.

Please visit the link for more information:

<https://thegoto.org.uk/im-a-parent-or-carer/>



**The Go-To**  
For healthy minds in North Yorkshire